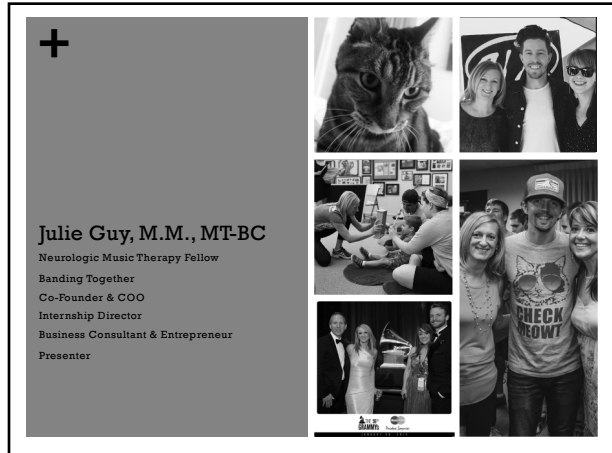




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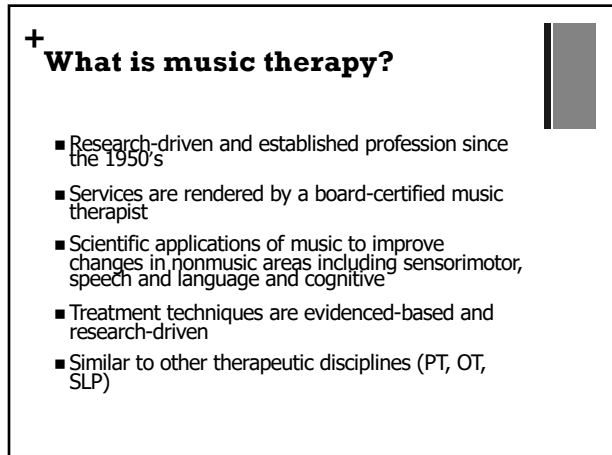
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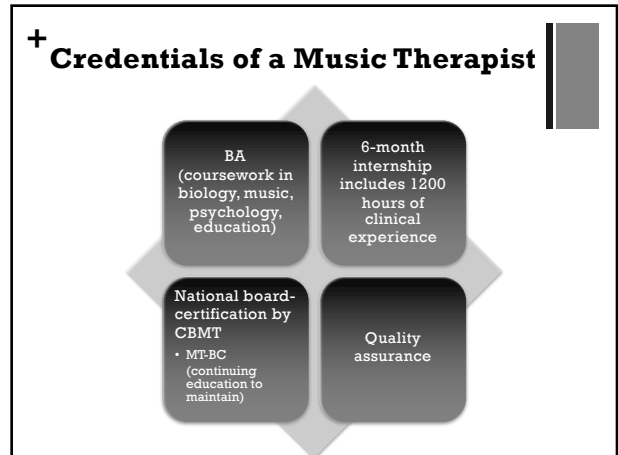
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6



**+ Our Mission**

To give music opportunities to individuals with special needs such as autism and Down syndrome. We do this through our music therapy scholarships, mentorships with the community, free community Jam Session programs and instruments.

7



**+ Why is Banding Together Needed?**

8




**SCHOLARSHIPS**

9


**+ Why is Banding Together Needed?**

Program	Individuals Served	Volunteers Trained
Jam Session participants	873	543
6-month music therapy scholarships	159	0
Camp Jam	42	110
<b>TOTALS</b>	<b>1074</b>	<b>653</b>



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**+ Scholarship Recipient: Tane**



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**JAM SESSIONS**

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### + Free Community Program: Jam Sessions

For a teenager in a music therapy Jam Session group, music provides a real-life way to connect with the community in a rock band format while working on social skills.

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### + Jam Session Overview

- **Purpose:** to provide a music therapy and mentoring program for 20 youth with special needs through one-hour music therapy groups (aka as “Jam Sessions”) at a local community venue to promote **socialization, emotional expression, community inclusion and communication.**
- Help teen/young adult become more independent
- Functional impact on their lives
- Measure social skill progress through standardized assessment for grant funding



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### + Jam Session Key Components



- Guest Artists:**
- Provides a music community connection.
  - Someone who is active in the local music community who wants to give back to youth with special needs.
- Mentors:**
- Matched with a mentor and they will attend the music therapy group together.
  - High school, college youth and young adults (typically who are enrolled in music or helping profession programs) who express an interest in wanting to volunteer and connect with families with special needs.

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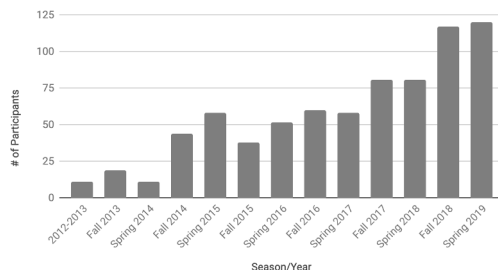
### + Guest Musician: Steph Johnson



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### + 750 individuals with special needs ages 13-40 served in Jam Sessions

Jam Sessions Fall 2012-Spring 2019



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### + SRS Results

TABLE 1  
Mean Parent Ratings on SRS-2

Social Skill	Pre-test	Post-test
Social Awareness	10.88	10.55
Social Cognition	16.76	16.13
Social Communication	29.47	27.24
Social Motivation	13.52	12.20
Restricted Interests/Repetitive Behavior	16.34	13.4

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## + Rockstar Average Scores 2017-2018

El Cajon, Point Loma, and Carlsbad/Oceanside Rockstar Report Averages

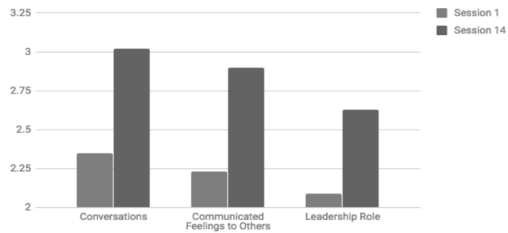


Figure 1: Rockstar Report Average Scores for 2017-18

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## Example Jam Session Schedule

1. Rock Star Walk of Fame
2. Opening Circle
3. Drum Circle
4. Tonight's Topic: Rules of the Group
5. Guest Artist: Josh Weigel
6. Group Jam Time
7. Invite parents in and review
8. Goodbye

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## + Volunteer Mentors



22

## + Guest Musicians



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## + Jam Session Guest Musician: Jason Mraz



24

## + Volunteer Mentor Testimonial



25



## + Our Rock Star JJ



26

## + Our Rock Star Vincent



27



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## + SoundCheck Jam: Ziggy Marley



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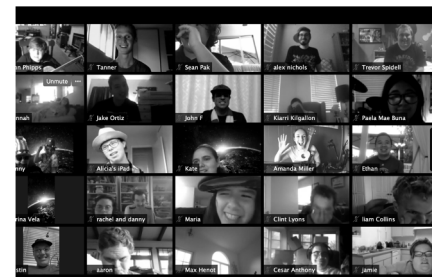


*"Corbin is always excited to see his music family. He loves singing, dancing with everyone. During this pandemic Corbin has not been doing well so we are thankful for our jam sessions to help lift his spirits."*

*"Karina has only been to 2 Jam Sessions and she talks about it days later. She brags to her friends that she's in a band."*

*"Rachel sets up the laptop and musical instruments for her and her brother without prompting. They are always excited to participate."*

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## + Virtual Jam Sessions

*"Sheer joy. That is what happens when J knows there is a Jam Session on Zoom! He talks about how he is getting together with his friends to make music, and he is happy. He knows its ok to still be home, because he will still see his friends! Singing the familiar songs, seeing and hearing the guest artists, playing his conga drum along with the group, watching the drummer very carefully, J is learning so much about social skills with music! :)"*

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**+ Songbirds**



**SONGBIRDS**  
A social and language group for young children (ages 3-6) and their parents/caregivers.

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**+ Rock Star Club**



**ROCK STAR CLUB**  
A music group for tweens (ages 9-13) with special needs!

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**Resources**



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**+ Free Videos**

- Banding Together's
  - YouTube channel
  - Facebook page
  - Website

oooooooooooo  
Hear what I say  
It's Okay

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**BANDING TOGETHER**  
COMMUNITY GROUPS

**Let's jam together!**

ONLINE GROUP MUSIC THERAPY SESSIONS FOR ALL AGES

SEE LINK IN POST TO PARTICIPATE OR VISIT:  
[BANDINGTOGETHERS.ORG/WHAT-WE-DO/COMMUNITY-GROUPS/](http://BANDINGTOGETHERS.ORG/WHAT-WE-DO/COMMUNITY-GROUPS/)

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**+ MUSIC STRATEGIES TRAINING SERIES**  
Free Zoom Training 11-11:30am PST

ACADEMICS & MOVEMENT	April 5th
COPING STRATEGIES	April 5th
DAILY DRIVING	April 19th
SOCIAL & COMMUNICATION	April 26th

Register Now [bit.ly/mtccaworkshopreg](http://bit.ly/mtccaworkshopreg)

**Free Music Therapy Screenings**  
30-minutes  
Two office locations:  
Encinitas & Mission Valley  
619.299.1411  
[info@themusictherapycenter.com](mailto:info@themusictherapycenter.com)  
[www.themusictherapycenter.com](http://www.themusictherapycenter.com)

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**ALL THE COOL THINGS YOU NEVER KNEW YOUR KEYBOARD COULD DO!**  
 FOR MUSIC THERAPISTS + MUSIC EDUCATORS  
 MUSIC TEACHERS + THERAPISTS + AND MORE

**ADAPTED KEYBOARD SERIES** *Music Therapy Center of California*


A free workshop series demonstrating applications for using the keyboard in a therapeutic setting or teaching lessons to clients and students of all ages with neurodiverse challenges. Hosted on Zoom.

**Mondays in May**  
 TIME: 11-11:30AM PST

**Register Today!**  
 bit.ly/mtcworkshopreg

- Registration required to receive Zoom link.
- A recording of the workshop will be available following the live event.



MAY 3: SONGS  
 MAY 10: STYLES  
 MAY 17: VOICES  
 MAY 24: TIPS & RESOURCES



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**+ Autism Tree Project Foundation  
 In Harmony Music Strategies Training**

- April 29th 6:30pm PST on Zoom
- Register at [www.autismtreeproject.org](http://www.autismtreeproject.org)
- \$10 suggested donation

AUTISM tree project FOUNDATION

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**+ Musical Playgroups**

FREE on Zoom  
 Register at [www.autismtreeproject.org](http://www.autismtreeproject.org)  
 Monthly on the 4<sup>th</sup> Saturday  
 Next one: April 24<sup>th</sup> at 1:30pm




**ATPF Virtual Musical Playgroup**

You and your family are invited to join us! We will learn valuable interaction, communication, and social skills through group music making in a fun and friendly environment via zoom. The ATPF playgroups are facilitated by board-certified music therapists from the Music Therapy Center of California.

Register today!  
 Contact: Courtney  
[tk@autismtreeproject.org](mailto:tk@autismtreeproject.org)  
 or Call 858-822-8222



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**WAYS TO GIVE**

**BE THE CHANGE** **BAND TOGETHER** **DONATE INSTRUMENTS**





**VOLUNTEER**



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**+ Q&A GOODBYE!!**



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**LET'S BE FRIENDS!**

**Banding Together**  
 7840 Mission Center Court Suite 205  
 San Diego, CA 92108  
 858.204.5370  
[bandingtogethersd.org](http://bandingtogethersd.org)  
[bandingtogethersd@gmail.com](mailto:bandingtogethersd@gmail.com)  
[www.BandingTogetherSD.com](http://www.BandingTogetherSD.com)




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